



Trip Notes



Indonesian Compassion Trip, April 29th – May 7th, 2010

Welcome! We're thrilled to have you join us for a GHNI compassion trip!

Enclosed is the information to help you prepare for the trip. Please read this carefully, and feel free to email me with any questions you may have. (daniel.xu@ghni.org)

Quick Dates

--- March 31st – confirmation that you are joining the project to Indonesia. Email: daniel.xu@ghni.org

--- April 5th – Trip fee due (**\$450/CHF460/Euro300**)

1. **Application Fee:** Pay through PayPal at www.ghni.com, click on PayPal donate and under Greatest Need. Application fee for this trip is 50 Euros (75CHF). Students discount is 25 Euros (40CHF).

2. Trip Costs: Please wire the money into our Global Hope Network International account at the Post Office. Under description please write out: “(your name) Indonesia compassion Trip ‘10”

Post office account in CHF (Swiss Francs)

CCP: 17-710390-5 (this is the information for Swiss participants)

Clearing code: 9000

IBAN: CH38 0900 0000 1771 0390 5 (IBAN and BIC should be the information the foreigners need for making bank transfer)

BIC: POFICHBEXXX

Our Plan

April 29th – Arrival at Makassar Airport and checking into the hotel. Team Dinner, don't miss it! Be sure to arrive by 18:00PM. Take the taxi to Hotel Harapan +62 411 323910, ...address of the hotel will be available soon! (Our local staff contact is Jackie +62 812 422 1753 if you get lost).

April 30th – Briefing in the GHNI office in the morning and sightseeing in the afternoon as a team. Checking out Makassar! We leave at night (bus) to Toraja.

May 1st – May 5th – Working in the field on two projects: Coffee demonstration farm and Pig farm. Take the night bus back to Makassar.

May 6th – Morning checking back into the hotel and free time. Afternoon we're heading down to clean up the slums!

May 7th – Cleaning up the slums, planting flowers, and checking up on our water purification tanks.

May 8th – Goodbye Indonesia and flying home!

Note: you are responsible to acquire and purchase your own flights. Many of us use the services of Sybille Graff-Franceschi (info@grafitireisen.ch) who can often get humanitarian discounts. Mention about this compassion trip.

Please DO NOT purchase airfare until your participation is confirmed by GHNI

In –Country Costs

The in – country fees cover everything from the time you arrive until you're back on your flight – local transportation, lodging, meals, some sightseeing, evacuation insurance, humanitarian supplies, etc.

Bring money for your personal extras, like souvenirs. Bring US/Euro major currency in a money belt. There will be places for currency exchange. Also ATM machine can be located in the Makassar airport.

Entry Visa

Please check <http://www.indo.com/tplan/visa.html> to see if you can get the (visa upon arrival) at the airport. The fee is \$25 for a 30 days stay. If your country is not under this list then you need to apply in your country of origin.

Our project in Toraja, Indonesia

“Kopi Toraja” is one of the famous products of Tanah Toraja District for its unique bitter-sweet taste. Surprisingly, despite of the high demand of coffee beans in the market, farmers do not take coffee farming seriously because of lack of better marketing opportunities and farming skills to improve their harvest. This is where the project intends to develop by using simple and practical technology that can be shared to the farmers to improve their crops. This was started with a small group of farmers of Panga, Rantepao where 100 seedlings of Arabica were planted with drip irrigation method and organic compost and pesticide making were also demonstrated. The project is also in the process of exploring the possibility to form a cooperative of coffee farmers and marketing opportunities. With these strategies, we hope to achieve our goals in rural-based community development project. First is to help the poor farmers achieve their full potential thus improving their quality of life and will in effect be

passed to other farmers and surrounding villages; and second is to develop the partnership for a sustainable funding support for other community projects within the country.

Our Trip

1. We will focus on supporting our local staff Jackie Claudia to carry out the work in Toraja, South Sulawesi, Indonesia - To develop a sustainable environment for the underprivileged to transform their communities.

2. We will be supporting through

- Coffee demonstration farm - pig farm - cleaning the slums in Makassar

Flexibility

However, although we are preparing as thoughtfully as we can, our oft-repeated mantra will be “flexibility.” It’s critical to keep in mind that we are serving in a culture with a different view on planning and efficiency. Due to unforeseen circumstances, such as natural disasters or manmade, let’s be flexible in our conduct and attitude in Indonesia.

Vaccinations

You are responsible to obtain the vaccines you will need. We cannot give you any medical advice.

Recommended Vaccines for Indonesia include: Typhoid, Hepatitis A Hepatitis B and Tuberculosis

The best thing to do is to visit a local travel medicine office (private or public). They are set up to consult with you and then administer the vaccines you choose.

You can also get a “World Health Organization Certificate of Vaccinations” card from your travel office. They will record and date the various vaccines you have received on that card. Staple it in the back of your passport.

Our Demeanor

Humility. We’re going to serve and learn. For both safety and effectiveness we must follow the advices of our local staff and the directives of the trip leader. There have been past times of participants who disregarded directives, offended the local culture and jeopardized the safety of the team in the process.

Relationship. We’re all spending a great deal of time and money on this trip. As a result, we like to measure the value of the trip by “productivity.” However, other cultures can measure the value of our trip by relationships. It’s difficult to quantify the long-term power of kindness, laughter, servitude and friendship. As a cross cultural team, we’re going to be bridging the

cultures of our own to the local ones. So let's be good ambassadors in the sense to build good relationships with our counterparts.

Friendliness. Friendliness is universal! Men, be friendly toward local men rather than local women. Don't give a lot of eye-contact to the local women – it may communicate respect in our culture but it means something different in theirs. Women, however, can give the women LOTS of eye contact and smiles! Also, don't promise anything you can't deliver. Westerners are known to make promises casually that other cultures take seriously. Listening more than talking is always the best posture.

Women, be careful. Women please don't EVER go anywhere alone. Take a man with you and preferably go in small groups. That's just smart in most places in the world.

Packing guidelines

Here are two general guidelines:

1) Pack light. Some people are Spartans – they love to just “go” with little on their back. Others look like they're moving to Manhattan! Please keep it to a minimum, we recommend a medium-sized suitcase.

2) Pack clothing appropriate to the Asian culture. Pack for warm weather! It is going to be hot and humid during our stay there, however we should experience some rain as well. April to May is the seasonal change from Wet to Dry.

Please also dress simply and to know that it's not our goal to attract attention on the road.

For footwear, pack shoes to work in and lighter shoes for walking. Pack a light jacket (waterproof for rain is best) for cool evenings....

Make sure one of your outfits is good for grungy manual labor.

Medical

Malaria meds

Mosquito repellent

Treat your clothes with DEET pre-trip

Any medications you need personally

Liquid soap to regularly wash hands (i.e. small bottle of hand sanitizer)

Maybe something to help you sleep on the flights

Pepto Bismal chewable tablets – for whenever you have a slight stomach upset

Miscellaneous

****Passport! (have a few of copies of the main page, stashed in a few locations)**

****Air-Tickets**

Sun block

Sun glasses (reading glasses if needed)

Small flashlight

List of important phone numbers

Camera

Extra batteries you may need (for camera, MP3 player, flash light, etc.)

Toiletries

Pencils/Pens/Note pad

Electrical converter for electrical appliances (Indonesia is 220v)

Money belt

Book to read on the LONG flights

You should be able to fit the above in a medium-sized suitcase and a carry-on bag.

All righty guys! If you got any questions email me at daniel.xu@ghni.org



Sincerely,

Daniel Xu ☺